

# CPR PROTOCOL



## 1 . Check response

Tap the shoulder and shout "Are you OK?"

## 2 . Call for help – 119 and AED

"Call 119, and get the AED!"



## 3 . Open the airway, Check breathing

Lift the chin, put your ear next to the mouth, and check breathing.

< Check breathing >

"Look" for the chest to rise.

"Listen" for breathing.

"Feel" for air movement on your cheek.



## 4 . 2 rescue breaths

Open the airway, pinch the nose closed, and give 2 slow breaths (about 1 second for each breath).



## 5 . 30 compressions and 2 breaths

Put the heel of one hand on the center of the victim's bare chest.

Give 30 compressions at a rate of about 100 per minute. (Push the breastbone down 3.5 ~ 5 cm.)

Open the airway, give 2 rescue breaths slowly (about 1 second for each breath).

Give 5 cycles of 30 Compressions and 2 rescue breaths.



## 6 . Shock by AED

Open the lid (Turn the power on).

Apply the pads.

If the patient needs shock, push the flashing button.



# AED at times like this...

No response

No breathing

No Pulse (Medical Staff Only)

## Opening the lid of the AED turns the power on!

**IMPORTANT**

*Check before using!*



“Expose patient’s chest.  
Apply pads.  
Press pads firmly.”



## Apply the pads.

*There’s no difference between the two pads.*



*When you apply the pads,  
The AED automatically starts analyzing the heart rhythm.*

“Do not touch patient.  
Analyzing rhythm.”

**If the patient needs a SHOCK...**

“Shock advised, charging.”

**If no SHOCK is required...**

“Safe to touch patient. Start CPR.”

## Press the SHOCK button.



“Stand clear,  
push flashing button.”

“Shock delivered.  
Safe to touch patient.  
Start CPR.”

**Conduct CPR for 2 minutes  
(Ratio: 30 Compressions  
to 2 Breaths)**



If you observe normal breathing,  
Place the patient in the recovery position,  
leaving the pads on.



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